

Supporting Youth Mental Health by Building Resilience

References & Resources

Centers for Disease Control and Prevention: ACE study

<https://www.cdc.gov/violenceprevention/acestudy/index.html>

Robert Wood Johnson Foundation: ACEs

<https://www.rwjf.org/en/library/infographics/the-truth-about-aces.html>

References & Resources listed above are those used in the development of Supporting Youth Mental Health by Building Resilience, a workshop for youth-serving professionals. It was developed by the University of Wisconsin-Madison Center for Mental Health Matters in partnership with Chippewa and Eau Claire counties and is funded by the Advancing a Healthier Wisconsin Endowment at the Medical College of Wisconsin. <https://www.mentalhealthmatters.org/>