

5 E's Learning Cycle Model

Engage: *Catch the interest* of the audience by posing a question, showing something, doing something funny, or reading a quote. Do anything that gets their attention and allows you to focus on the goals of the lesson.

Make a connection to the lives of the audience (personal relevance to them).

Explore: Audience members interact with each other through discussion and/or materials in small groups (2 – 5 learners). They explore a limited area of inquiry requiring them to categorize, classify, or answer questions.

Explain: Concepts under exploration are expressed through a book, teaching of content, video, etc. After you teach something, learners then share what they said/discovered in the exploration stage and connect it to this new info. Differing views are shared.

Elaborate or extend: Learners apply information to a new situation. Each person must do something.

Evaluate: Assess learners' knowledge and/or skills. What evidence will you use to prove that the learners' have changed their thinking or behavior? Is it aligned with both your standard and objective/central focus?

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